

Summer ROCKS Programming Guidelines

During COVID Pandemic
Updated February 25, 2021



In Person Programming Guidelines and Procedures

These guidelines will be evaluated and adjusted according to recommendations from the Center for Disease Control, Minnesota Department of Health and other governing agencies.

Group Size

Groups will consist of no more than 15 persons, including staff and contracted instructors. At this time, all active participation-based programs will require pre-registration.

Social Distance Guidelines

In order that we promote social distancing during recreation programming, we will do the following things:

- Address these guidelines during the introduction to the program/class
- Set up cones, or other markers 6 feet apart so that we are able to give the public a visual
- Use tables or stanchions as a barrier to the staff and/or contracted instructors presenting the program, when appropriate
- Choose topics of programs that do not require us to get closer than 6 feet to participants of the program
- When possible, programs will take place outdoors so that we are able to spread out effectively
- Guidelines will be shared with registrants before programming begins via phone calls, videos or emails.
- Please note, a "household" means all the people living in the same home or residence, including a shared rental unit or other similar living space.

Cleaning Practices

Before the program, staff will:

- Clean all equipment using suitable disinfectant, make sure staff are outfitted with proper safety equipment (gloves if necessary)
- Prepare the teaching area for cleanliness to the best of our ability (wipe down tables, picnic tables, etc.)

During the program:

- Supplies and equipment will be labeled for individual use. Any shared items will be sanitized between uses.

Following the program, staff will:

- Clean all equipment using suitable disinfectant, make sure staff are outfitted with proper safety equipment (gloves if necessary)
- Prepare the teaching area for cleanliness to the best of our ability (wipe down tables, picnic tables, etc.)

Staff Protective Equipment

Staff will have access to face masks. Masks are required for staff for indoor programs. For participants, masks are heavily encouraged while maintaining social distancing. Masks are encouraged, but not required during outdoor programming.

Participant Face Coverings

City of Fridley staff will require the wearing face coverings at all times. Executive Order allows people to temporarily remove face coverings in certain circumstances, provided that social distancing is maintained. We will have scheduled 'mask breaks' when social distancing allows. The following activities may allow for the temporary removal of face covering.

- Swimming or participating in another activity that would get the face covering wet.
- Participating in an organized physical activity when the level of exertion would make it difficult to breath.
- Taking a break to get a drink of water from a personal water bottle.
- During meals while participants are eating lunch and snacks.

External Origination Facility guidelines

Some Fridley Parks and Recreation activities will take place in facilities outside of Fridley owned locations. In these alternative locations, the following guidelines are in affect:

- All City of Fridley programming guidelines will be enforced.
- All social distancing and face covering guidelines will be followed to align with facility's agency guidelines.
- Fridley Parks and Recreation staff and participants are guests in these locations and are expected to follow all respective guidelines for these locations.

Signage

We will utilize branded signage to indicate procedures and policies as well as meeting locations.

- Reminders about handwashing, social distancing, and other recommendations (might not be signs, but could be chalk drawings, safety cones etc.)
- Meeting locations, drop-offs if necessary, etc.
- Signage to delineate program space during program times

Participant Communication and Waivers

- Guidelines will be shared with registrants before programming begins via phone calls, videos and/or emails.
- All registered participants will be required to have a signed waiver before participating in programming. Daily questionnaire or waivers will include participants acknowledging the absence of COVID-19 symptoms at the time of the program. Waivers and questionnaires will be kept on file.

Health Monitoring (Participants and Staff)

Staff will not report to work if they are experiencing any of the symptoms of COVID-19 including, but not limited to: fever over 100.4, coughing, shortness of breath or difficulty breathing, chills, body aches, etc.

Participants and Parents/Guardians will be asked to closely monitor themselves, their child(ren) and family members for symptoms or known exposure to a person diagnosed with Coronavirus (SARS-CoV-2/COVID-19). It is recommended that the participants notify the Recreation (763-572-3570) or Springbrook Nature Center (763-572-3588) Offices immediately of any SARS – CoV-2/COVID-19 diagnosis, major symptoms or direct exposure.

- Any participant or staff displaying symptoms of the SARS-CoV-2/COVID-19 will be asked to leave the facility Parents will be notified should this occur during the program.
- Staff will not monitor health of participants but will require participant (or participant parent or guardian) to monitor.

During Programming

- Participants will be required to wash/sanitize their hands as they enter the program area and as well as upon leaving the program for the day.
- Participants will be asked to keep their personal items – games, toys, electronics, food, etc. at home to help prevent sharing and contact from other participants.
- Drop off and Pick up locations will be designated; parents are asked to wait at this location for a staff to come to check in/out your child.
- Registered participants will be the only ones allowed to participate in program activities.
- Participants will be asked to wash/sanitize hands before and after using equipment that may make contact with another participant.
- Staff will sanitize hands or wear gloves should any supplies or items need to be handed out to participants.
- Participants should also bring their own water bottle (clearly labeled with name) as drinking fountains will not be usable at this time.

Weather

Should inclement weather occur the following procedures will be in place:

- Weather Line 763-572-3578 will be updated ½ hour prior to program start time with program status.
- Notification by email or text message will be sent out ½ hour prior to program start time should weather cause for it to be cancelled.
- In the event that a recreation program is canceled due to weather there will be a makeup class scheduled, a virtual class option or a refund for the missed class will be given.

Additional Staff Training

In addition to regular staff training staff will have access to training on such topics as:

- Employee Right to Know
- Blood Borne Pathogen
- Personal Protective Equipment
- Disposal of Waste (waste will be disposed of properly, there will be no reuse of disposable items like gloves.)
- Clothing/Uniform Laundering (staff will launder uniform, including cloth face coverings following each day of work)

Authority to Change or Modify

Circumstances related to COVID-19 are continuously changing and evolving. The City will continue to monitor and evaluate operations and procedures and make necessary changes to ensure the safety of users and residents.

If you have any further questions or concerns regarding these guidelines, please contact the Recreation office at 763-572-3570.