

Old Central

Run



Start/End

This out and back run starts and ends at Medtronic HQ with the turn around point being 3.25 miles away at 73rd ave.

Terrain

This run is along the paved sidewalk of Old Central. Moderate elevation change makes this route a good exercise for those looking for a challenging run.

Recommendations

Stop by Moore Lake Park and check out the tails, fishing piers, and pavilions.

